

# Shares inc.

## YOUR MISSION

Shares, Inc. provides service and support for people with disabilities to enhance their successful inclusion in the community.

## YOUR MASTERS PROGRAM

### PHILOSOPHY

Older adults with Intellectual Disabilities have many of the same age related concerns as other older adults. However, many participants prefer to continue some sort of vocational or day programming activities as they age. Providing them with the MASTERS Program gives them an alternative to retiring. The MASTERS Program offers supports that enable participants to maintain functioning and continue active day programming as long as they are interested and able.

### SERVICE APPROACH AND SETTINGS

The MASTERS Program is offered to enable Shares, Inc. participants to maintain functional skills or "age in place". The program was implemented to address the needs of not only the aging Intellectual Disabilities population, but also those who are unable to tolerate an 8 hour work day. By breaking the day down into smaller, more manageable activities, instructors are able to keep participant's focus on the task at hand. This program is currently offered to Hancock County group home residents.



**The MASTERS Program provides the following:**

#### MAINTAINING

Cognitive skills, fine/ gross motor skills

#### ACADEMICS

Functional activities in math, reading, writing, calendar

#### SOCIAL

Positive relationship-building, effective communication, respect

#### TASK ORIENTED

Attention to task, maximizing time individuals are actively engaged in learning

#### EMOTIONAL

Coping skills, relaxation techniques, conflict resolution

#### RECREATIONAL

Community experiences, culinary arts, guest speakers, fitness, creative arts, and outdoor fitness

#### SELF DIRECTION

Develop self advocacy skills and exercise civil rights

### Connect With Us!

**Shelby County-** 1 (877)-398-8218 or (317)-398-8218

**Hancock County-** (317)-462-4824

**Rush County-** (765)-938-5321

**www.sharesinc.org**

**NONDISCRIMINATION ON BASIS OF HANDICAP**  
Shares, Inc. is committed to a policy of nondiscrimination as required by civil rights legislation, Section 504 of the Rehabilitation Act of 1990 as a result of the organization's commitment to equal opportunity. EOE-M/FShares, Inc. is an Equal Opportunity Employer